

A black and white illustration of a diverse group of cartoon children. In the center, a boy with a large afro hairstyle holds a sign. To his left, a girl with pigtails looks surprised. Below the sign, a girl with a headband and a boy with glasses smile. The background is filled with other children's faces, all drawn in a simple, friendly style.

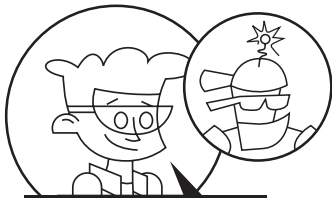
**DRUGS CAN'T
STOP ME!**

Learn why kids say
NO to drugs.

Atom and his friends are a lot like you. They want to stay healthy, smart, and strong. They don't do drugs. You can make good choices, too. On the next pages, have some fun with Atom and his friends.

ATOM and OLLIE

Atom is a brain!



I made my robot, Ollie.

Mimi

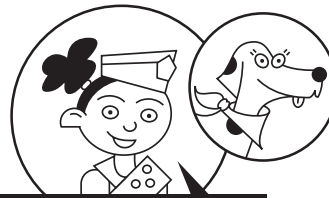
Mimi is good at sports.



Time to work out!

GRACE & COOKIE

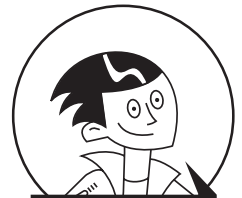
Grace helps everyone.



My dog Cookie helps, too!

VICTOR

Victor is so cool.



What's up?!

Are you smart, healthy, and strong?




Make a promise to stay that way!




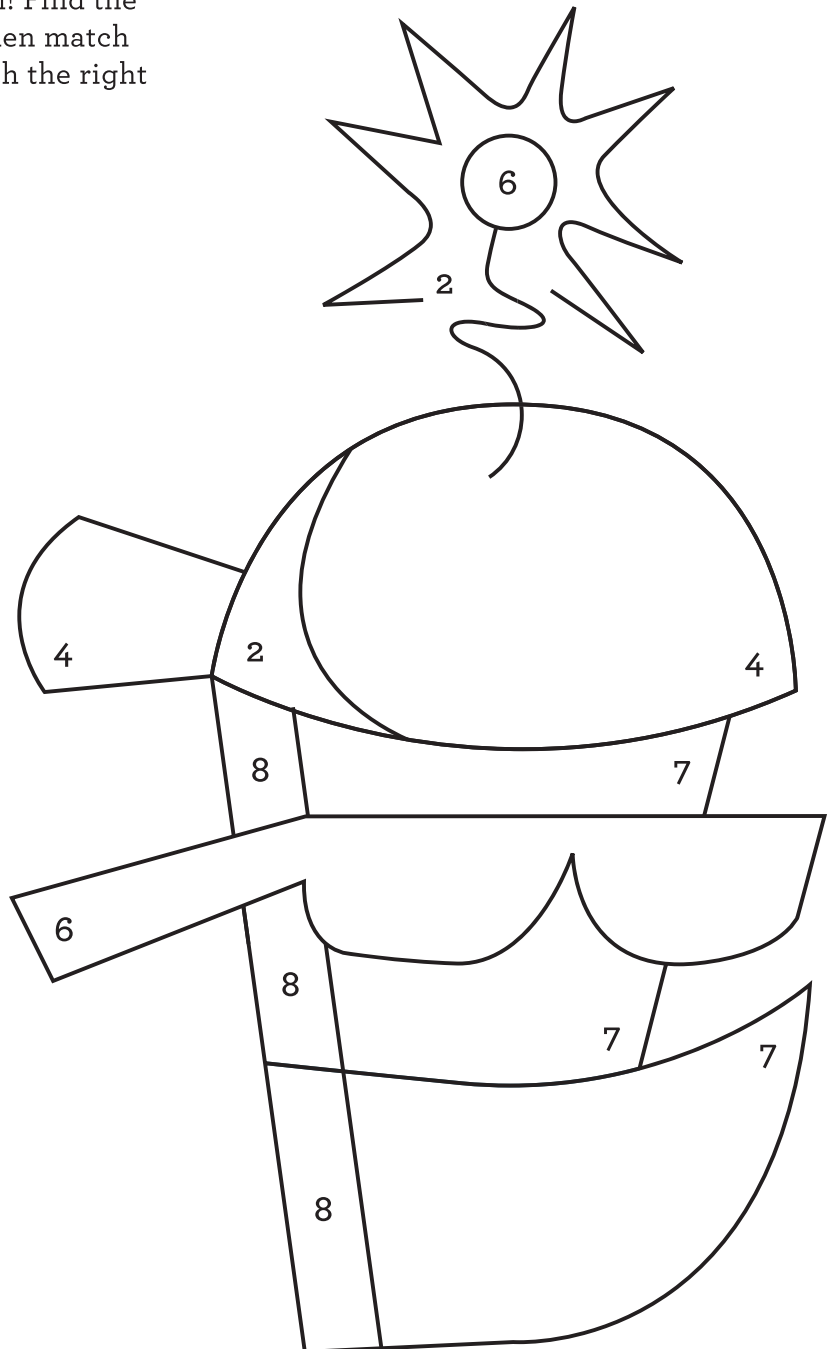
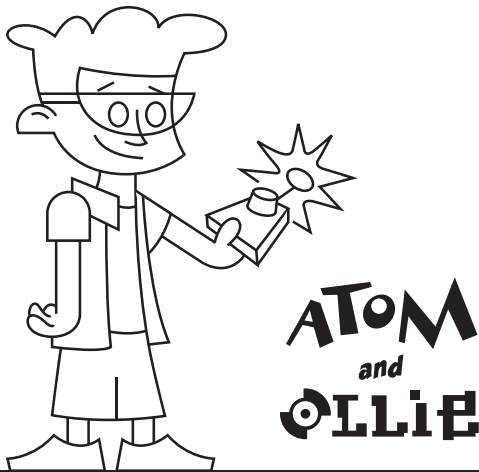
I, _____, make these promises:

write your name here

- ⚡ I will not try drugs, alcohol, or smoking.
- ⚡ I will only do things that are good for my body and brain.
- ⚡ I will stay smart, healthy, and strong!


Be smart! Here is something to know! Your brain keeps growing until you are 25 years old. These things can hurt your brain: smoking things like  (cigarettes), drinking things like , and sniffing things like . Don't let these things hurt your brain as it grows!

 Help Atom use his smart brain! Find the answers to these problems. Then match the numbers in the picture with the right colors. Color Ollie to match.




- 12 - 8 = ___ = green
- 18 - 16 = ___ = yellow
- 13 - 7 = ___ = red
- 18 - 11 = ___ = gray/silver
- 6 + 2 = ___ = blue

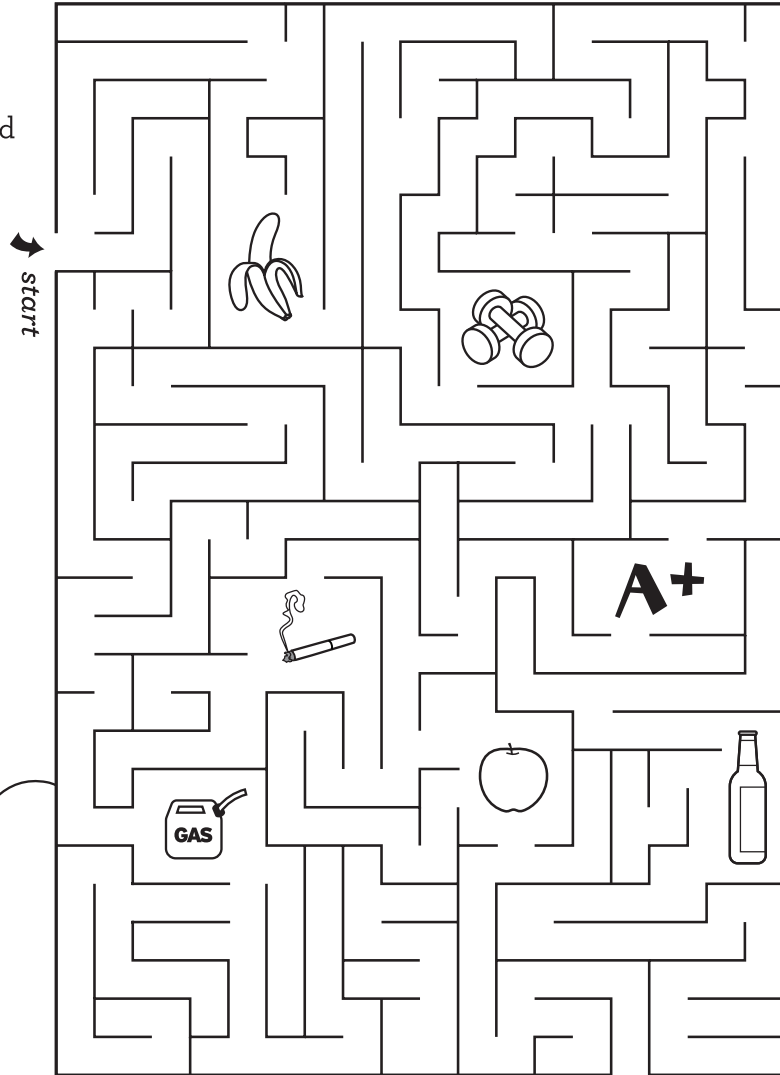
Be healthy! How can you do that? Exercise every day. Eat many fruits and veggies, too. When you are healthy, you feel good. Now that's cool!

 Connect the dots. See how Victor stays healthy.




Make good choices! Some people use drugs, drink, and smoke. They think it will make them cool, happy, or smart. But it's a trick. You may feel better for a little while. But drugs don't help problems. They make them worse.

 Grace and Cookie want to make good choices. Help them choose the right path to find their friends. Let good choices show you the way.




Be Strong! Have you ever been sick? Did you take medicine? Medicines are drugs that can help people get well. But don't take medicines the wrong way. Then they can hurt you. Ask your parents before you take any medicine.

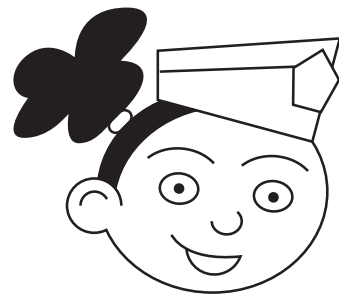
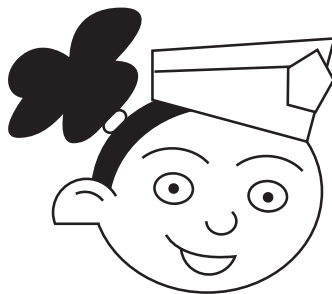
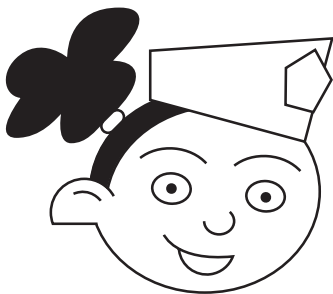
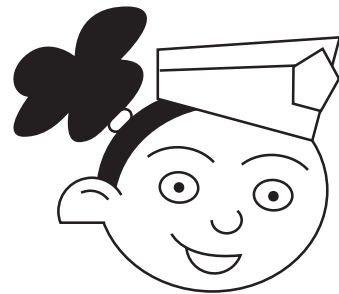
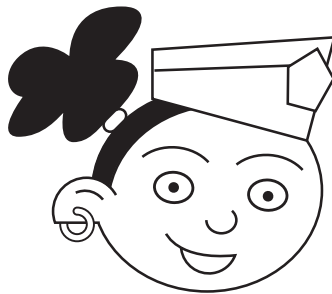
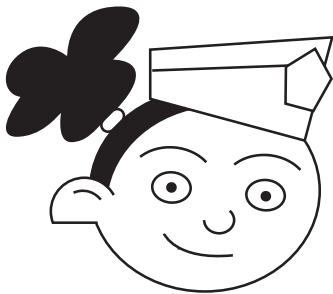
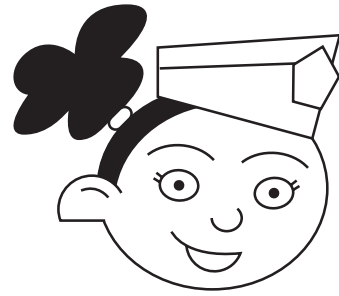
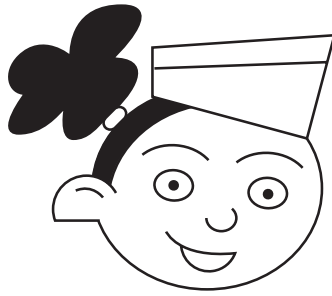
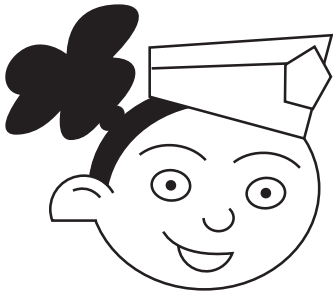
If you want to be strong and play sports, do not take medicine the wrong way. And do not drink or smoke.

 Here are some things Mimi uses to stay strong. Look at each pattern. Circle a picture to finish each one.




Be a real friend! A real friend wants the best for you. A real friend will not want you to try drugs, drink alcohol, or smoke. This is not what is best for you. Grace is a real friend.

 Which one is the real Grace?
Circle the two pictures of
Grace that match.



Don't let drugs stop you! In this book, you met Victor, Atom and Ollie, Mimi, and Grace and Cookie. They are all good friends. They choose to be smart, healthy, and strong. They don't let drugs stop them. Don't let drugs stop you.

 Find the puzzle pieces on pages 1-5 with the letters inside them. Write the letters in order in the spaces below.

_____ !

 Help the group make a sign to tell people not to use drugs, smoke, or drink alcohol.

